

These instructions must be followed for the cleaning and care of the diapers in the Vesta Rental Kit. Failure to follow these instructions could cause damage to the diapers and result in a charge of the full retail value of any damaged items.

- Use only Claudia's Choices laundry detergent provided with the rental kit
- Do not use fabric softener on diaper soakers
- Do not use bleach or bleach alternatives

Dealing with the Dirty Diaper

1. Remove diaper from baby
2. If using a two-part system, remove soaker from cover
3. If using pre-folds, unfold diaper to ensure thorough cleaning
4. If using flushable / disposable liner, remove and dispose. Remember not to flush liners in a septic system
5. Shake excess poop into the toilet. Note that breastfed baby poop is water soluble. It may not slide off your diaper so easily in to the toilet, but your washing machine will be able to handle it fine
6. If using a diaper sprayer, spray excess poop off soaker and in to the toilet
7. Place dirty diaper in pail (see below for pail methods)

Pail Methods

Wet-pail (pre-soak) Method (AKA "Poop Soup")

- Best for reduced staining
 - Never soak covers
1. Place a mesh pail bag in to a diaper pail
 2. Add water and a small amount of detergent to a level that will accept your diapers and not overflow your pail
 3. After removing excess poop from diaper, place diaper in to pail and let soak

Dry pail Method

1. Place mesh or nylon bag in to diaper pail
2. After removing excess poop, place diaper in dry bag

Washing

Soakers

- Wash the absorbent (soaker) part of the diaper every 2-3 days

Wet Pail

1. When ready to launder, bring pail to a suitable drain (laundry sink, etc)
2. Remove bag from pail and drain excess water
3. Dump water from pail
4. Place bag back in to pail and transport it to the washing machine
5. Continue at step 1 of "Both Pails" below

Dry Pail

1. Bring your pail and bag to the washing machine
2. Continue at step 1 of "Both Pails" below

Both Pails

1. Dump the contents of the bag in to the machine
2. Turn the bag inside out and toss it in the machine
3. Run a cold pre-wash (or short cycle with no detergent)
4. Do a regular wash in hot water with detergent
5. Rinse diapers in lots of water to avoid build-up of detergent, bacteria, or urine
 - Once washed, your diapers should not smell like urine or detergent.
 - If they smell of detergent, wash them again in plenty of hot water and less or no detergent.
 - If they smell like ammonia once your baby wets them, make sure that you are using enough hot water and enough detergent. You may need to adjust the water level in your machine (contact the manufacturer) or “trick” your HE machine to increase the water level by adding one or two wet towels.

Covers

- Covers can be washed with soakers or by themselves, however covers washed in hot will not last as long, and warm is recommended
- Close all Velcro tabs before washing
- Line dry or dry in the dryer on low heat

Drying

- Diapers can be line dried or dried in the dryer on medium heat.
- You can soften line dried diapers in the drier for a few minutes.
- Reduce drying time by doing an extra spin cycle and/or throwing a dry towel or dryer balls into the dryer with your diapers

Pail Care

With either storage method, wipe the pail clean regularly with warm soapy water